## LINCOLN PARENTS' CENTER





Are you an expecting parent?

Do you have a child under the age of three?

## FREE play-based program offering:

- Strength-Based Visits with a Parent-Child Activity
- Parenting Information/Support
- Prenatal Support
- Playgroups
- Family Fun Nights
- Community Outings

## COMING ALONGSIDE FAMILIES IN THE JOYS AND CHALLENGES OF PARENTING

Each month, our families receive FREE diapers, wipes, and books!









Check us out on Facebook at LPC BabyTalk

